

KAFCE NEWS

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OFFICIAL PUBLICATION of the KANSAS ASSOCIATION FOR FAMILY AND COMMUNITY EDUCATION

“NETWORKING WITH NANCY” Your KAFCE President

Welcome to all FCE members from Southeast Kansas where the internet was not part of growing up on the farm. We had the party-line telephone and everyone was in contact with their neighbors. So, the question - will the internet kill your community? and the answer can be like - did instant potatoes kill potatoes? New technologies change many things but not everything. We must continue to advance with change when planning projects and programs.



During my 55 years of FCE membership I have gained knowledge through the lessons, workshops, conference, national programs, and my years as an Extension Office Professional. I served four years as the KAFCE Treasurer being elected in 2006 State Conference in Manhattan.

Every year we encourage **Membership** as new members are the future that keeps us alive to ensure continuity and our vitality. To continue we must ask all those we see about becoming a member and tell them the benefits of joining FCE. We cannot guess if they are interested without asking. Let's make a goal to add two or more members to our FCE. We continue to recognize years of membership and years for being a Unit and making a difference through programs and being a **VOLUNTEER!**

With technology changing everyday here are a few thoughts about making **“NETWORKING WITH NANCY”** work for us. How many times do we hear “I hate networking?” **NETWORKING** makes us feel uncomfortable and even powerless. Some people have a natural passion for it – and some do not. But, in today's world – **NETWORKING** is a necessity. Research shows that **NETWORKING** can lead to more opportunities, broader knowledge, improved capacity to innovate faster advancement, and greater status and authority. When you think more about what you can give to others than what you can get from them, **NETWORKING**, will seem worthier of your time. Any work activity becomes more attractive when it is linked to a higher goal. So, focus your **NETWORKING** on the benefits of making connections and more results. **NETWORKING** is critical to our success, yet we find it very frustrating and stressful. By shifting our mindset, identifying and exploring interests, and expanding our views of motivating yourself with a higher purpose, we will become more excited about **NETWORKING** and building good that is great for everyone.

With technology changing it makes a challenge in keeping the lines of communication open between members and the board. If you have something to share let me know.

Vice-President Report

By Faye Spencer

The State Educational Committee met in Salina late in February to judge the FCE Accomplishment, County Council Project, and Community Service Reports. There were over 107 reports sent by the 5 areas. The State EPC members judged the best of each area's reports. Those who wrote the reports are doing a wonderful job. The quality of the accomplishment, county council and community service reports made the evaluation at a state level challenging,

Thank you to the all who contributed to the presentation of lessons, gathered statistics, volunteered, provided community service, and wrote the reports, sharing the accomplishments and mission of FCE.

The 2019 State EPC members are Judy Fullmer, Linda Leonard and Linda Hess. With the completion of the judging, they now turn their work to writing 2020 lessons. Thank you to the members and units who took the time to do the evaluation of the 2018 lessons. There were 48 surveys returned. The information gathered will guide the selection of lessons from either KSU Extension Service, or lessons written by National and/or Kansas FCE. We greatly appreciate the continued support by KSU Extension Service.

The ranking of 2018 lessons are:

KSU: 1st Alzheimer's 101
2nd Healthy Cooking Styles
3rd Tap to Togetherness

FCE: 1st tie Human Trafficking
1st tie Make Your Day a Little Smoother
2nd Character Counts! "Citizenship"
3rd Kids in the Kitchen
4th Group Process ... Putting the Pieces Together

The survey made also for interesting reading of the comments. Members conveyed that the BEST lessons were those that the presenter did their own research, made it current, had visual aids, had the audience engaged with the materials, or were food related. The least favorite lessons were those that made the members feel like they were at story-time, lessons were read to them. Some great suggestions included: Thyroid or other physical conditions, community involvement, lessons pertaining to what's going on in the world, study of different countries/

MEMORIAL LIST

Elaine Becker ~ Prairie Mates FCE,
Russell County, NE Area

Inez Berthot ~ Leamona FCE,
Neosho County, SE Area

Helen Dannenberg ~ Solomon
Valley FCE, Smith County, NW Area

Barbara Ginther ~ Homemakers
FCE, Hodgeman County, SW Area

Mabel Glunt ~ Sunny West FCE,
Hodgeman County, SW Area

Marjorie Neeley ~ Leamona,
Neosho County, SE Area

Nancy Shute ~ Inquistive Mrs. FCE,
Ellsworth County, SC Area

Beth Snook ~ Independent member,
Shawnee County, NE Area

Mary Lou Thompson ~ Independent
member, Crawford County, SE Area

***TIME TO THINK ABOUT
RESERVATIONS !!!**

for

**2019 National FCE
Conference**

**Marriott St. Louis Airport
Hotel**

July 18—21, 2019
St. Louis, Missouri

Keynote Speakers
General Sessions
Annual Business Meeting

American Income Life Insurance Company Mail Out

Each year, for a small premium, KAFCE insures each of the State Board Members with a \$10,000 Accidental Death & Dismemberment policy with the American Income Life Insurance Company (AIL). In turn, every member of KAFCE has a no-cost \$4,000 Accidental Death & Dismemberment benefit.

AIL does not do a mail out every year to all KAFCE Members notifying of this benefit; mail outs occur every three to five years and the 2018 year was a mail out and it contained a yellow card you could return to AIL for the purpose of receiving your certificate of coverage, designating a beneficiary, receiving free Child Safe Kits for your children and/or grandchildren, and opportunities to take advantage of other discounted services for you and your family. Each KAFCE Member can choose whether or not to send AIL the yellow card.

Even if you should choose not to send the card, you still are insured.

AIL has a full membership list of 2019 KAFCE members, and every name on the list has the \$4,000 insurance benefit. We are grateful to AIL for offering this benefit. Your family should be informed that you have this

KAFCE Treasurer's Report

All membership forms and dues have been sent to NAFCE by the end of December. Many thanks to all for being prompt and getting forms and money to me. We have 9 new members.

Congratulations to Lane (1), Rooks (2) and Cherokee (2) counties. New members can join anytime so we all need to keep the FCE organization in front of us and our communities. We have less members than we did in 2018 but be reassured the board will be also tighten their belts to be sure we operate within our budget. We have funds to pay

Editors' Notes

My name is Sherry Linneman, I am 51 years young, a wife to a wonderful man named Chris. We just celebrated our 32nd anniversary on February 27th. We have two children: a daughter named RoseMarie who is married and has two sons ages 12 and 10; a son named Joshua who is newly married and has twin identical girls that are seven months old and a son who is six years old. We also have two boxers named Jasmine and Seraphine.

I am currently the manager of Creekside Liquor in Smith Center. I formerly was the manager/editor of the local newspaper the Smith County Pioneer. Prior to that I worked as a Certified Nurses Assistant for several years.

I am a member of several organizations, such as: Smith Center Chamber of Commerce (serving as Vice-Chair on the board), President of the Smith County Historical Society, Secretary of the American Legion Riders Post 166, member of the Kingsbury-Chase VFW Auxiliary, member of the Fred Marian Post 166 American Legion Auxiliary, on the Old Settlers' Day committee, Event planning committee, Cruisin' the Center committee, and the Movers and Shakers FCE. And I also run my own makeup business Liplashed by Sherry on Facebook.

I love to crochet, paint barn quilts, spend time with my family and friends, read and ride motorcycles.

My contact information is:

E-mail: sandseal@yahoo.com

Phone: (785) 282-4044; please leave a message if

I do not answer

Address: 220 East Street; Smith Center, KS

NEWS FLASH!!

2019 KAFCE STATE CONFERENCE

**"Building On The Future
Thru History"**

October 7-9, 2019

Fort Scott, KS

Co-chairs: Linda Leonard & Sharon Giacometti
linda_leonard@att.net sgiacometti@ckt.net

Counties or individuals are asked to donate items for the "Prizes by the Yard" and all the money raised will go to KAFCE Scholarships. Detailed information, registration and First

2019 Area Heart of FCE Winners

Iris Sanford, Overland Park – Johnson County - Northeast Area Heart of FCE

For certain, this year's FCE theme of "FCE, Making a Difference" is at the heart of one individual Harmony Homemakers is nominating for this year's Heart of FCE Award is Iris Sanford. Serving in her 60 years of membership, FCE and Harmony Homemakers has assisted Iris in numerous ways through the years. Iris has more than reciprocated by helping build Harmony Homemakers in positive ways in what FCE does and stands for today.

During summer of 1943, at the tender age of ten, Iris contracted polio after breaking her arm, the paralysis affecting her right arm. Iris was hospitalized for three months. Being right handed, she learned to use her left hand, overcoming a huge obstacle at a very young age. After marrying Jim Sanford and after three of their four girls were born, Iris, age 27, was invited by a church friend to join Harmony Homemakers. She overcame another obstacle upon joining; extreme shyness. At that time the large group included many farmers' wives in the Southwest Olathe area. She is now the only living member of that early group. Like today, the group back then met in homes. As an added benefit to members with young children, a babysitter was provided for all members' children. Lunch was organized and provided for members in the early years prior to each meeting time. Crafting was also a part of their meetings, but sometimes they met for crafts at alternate times and places. She fondly remembers making a purse and a table centerpiece that she used for many years. The lessons given focused primarily on increasing knowledge and skills in homemaking and child care. Her favorite lessons were the cooking lessons and she certainly is a marvelous cook today!

The lessons and activities contributed to her newly-acquired leadership skills, with various leadership roles as follows: for 9 years she served as President and 3 years she served as Vice-President of Harmony Homemakers; two years she served as President of the County Council; for 9 years she represented her FCE as Council Representative; and for numerous years, she served as Secretary and Treasurer of her FCE. When you look up the word "humble" in the dictionary, you would find a picture of Iris. She would never blow her own horn. And she never says NO! Her very loving and naturally giving nature assisted in helping develop many former and current activities for the FCE, to name a few: in 1977, the FCE started a plant exchange, some of those plants still visible in friend's gardens. That same year, along with others, she started an annual auction to benefit and grow the FCE's treasury. She was involved and helped organize an August family picnic and white elephant sale.

With the assistance of Ann Debus, the two began a successful involvement with TLC that started with taking a monthly birthday cake to the young residents. We now continue to take cookies for various functions there. We take new socks and underwear to the residents at Christmas time. Iris helped start monthly visits to a nursing home, now named Azria, providing cookies and soda to residents while we all play Bingo. She began a yearly field trip for her FCE and some of the destinations included Johnson County Museum, Greenwood Tea Room, Overland Park Arboretum, Marble Factor, Ernie Miller Native Preserve Park, Lecompton, KS, Historical Sites, and most recently Strawberry Hill.

Iris' family grew to four daughters, but she and Jim enlarged their family to include two foster sons. The two remain an integral part of their large family today. The community has benefited greatly by the Sanford's. Jim built Iris a swimming pool in 1988 and built a house over it. Iris still gives free water aerobic classes three days a week at least twice on those days rain or shine! Is it any wonder that Iris has not been troubled with post polio syndrome as so most polio victims have? What she gives to others so willingly has also benefited her! Jim began purchasing exotic animals such as llamas, camels, and peacocks – a petting zoo was born! Jim and Iris regularly visited shut-ins and prayed with them. Iris taught children's Sunday School classes and Iris started and still leads a scripture study class for women.

Iris is always one who supports and encourages those around her with her genuine warmth and great smile. Iris does "make a difference" in all she does and to all she encounters. Her life's path has been a great example of all that FCE stands for and strives to be.

Linda Hess, Marion – McPherson County -South Central Area Heart of FCE

Linda has been a Canton Dizzy Dames FCE member for 21 years, has served in all offices, and has been and is president for more than ten years. Linda gives FCE lessons each year and usually a meal is connected with the lesson. Linda planned some CHARACTER COUNTS! sessions for the school system; supervises the annual FCE booth for the McPherson County Fair.

Linda attends the South Central Area meetings and the State FCE meetings each year. Linda has been and again in serving on the McPherson County Educational Program Committee and has served on the South Central Area Educational Program Committee. Linda gives a lot of time, serving details of the presidency and skills in projects associated with lessons. She fills out the Accomplishment Report with volunteer hours spent, tabulated as needed.

Susan Gartrell, Stockman – Rooks County - Northwest Area Heart of FCE

Susan gives of her talents freely in all she does. This friend, wife, mother, and grandmother has belonged to Hobart Homemakers FCE of Rooks County since 2010 and jumped in with both feet from the beginning. Susan has served as club officers, county council officer and on the NW Area and State EPC Committees. Susan has written several yearly FCE programs most recently of How much do you know about the Big "O", Kids in the Kitchen and Salad in a Jar. At the local level she has helped write out a plan to teach two different age groups of kids about how to prepare nutritious foods in the kitchen and proper kitchen and table manners. Susan has written fun skits to teach us all about how to fill out our FCE reports. And as a musician and piano teacher, she has written several catchy songs to invite members to our area state conference. As a former 4-H leader for many years, she taught many young people her skills of sewing, cooking and music. Susan is an active farm, ranch wife and keeps track of the pastures and cattle for their farm and hops on the tractor or 4-wheeler when needed. She plans organ or piano at her church each week and belongs to other civic clubs.

It is her volunteerism, compassion for others and her readiness to lend a helping hand that we nominate, Susan Gartrell for our NW Kansas Heart of FCE Award.

Norma Henton, Dodge City – Ford County - Southwest Area Heart of FCE

Norma has been a member of Stitch and Chatter FCE since 1969. She has served in various officer positions since becoming a member and is always willing to step up to fill a position when needs. She has also served as a voting member of the County FCE Council several times. Norma has helped her FCE with various community projects, but she has strongly supported their Christmas Family project. As a past school teacher she would find families when the school system who were struggling during the holidays to provide a Merry Christmas for their children. The FCE provides clothing, food and toys for all family members so especially the children will have a good holiday. Norma usually helps with the wrapping and the delivery of the gifts to the families. Through her FCE and her church Norma started working with the Humana food packing program. She was the coordinator for many years, here in the Dodge City community. She did fund raisers, packing events and marketing for the program. Thousands of emergency meals were prepared through her efforts.

Norma gives freely of her time and talent to many Ford County FCE Council projects. Currently she is also serving on our County's Holiday Christmas program committee. She is instrumental in helping with themes, decorations, food, etc. Norma's daughter, Marcy, is also a member of the Stitch and Chatter FCE. Between the two of them they usually come p with various community projects for the FCE to help with. They continue to work with their contacts within the school district to assist local families during the holidays. Norma serves as fair superintendent, Extension Master Gardener, 4-H project leader, judge at county fairs, serves on the Senior Center board of directors, volunteers at church and various schools.

Ford County FCE Council would like to nominate Norma Henton for the Heart of FCE Award. Norma is a very active member of FCE and would make an excellent recipient of the Heart of FCE Award.

Barbara Egbert, McCune – Crawford County - Southeast Area Heart of FCE

Barbara has been a role model and exemplary member of Sliferette FCE and Crawford County Council. She has served as Area Director for the SE Area for 3 years. Barbara served on the FCE Handbook Revision Committee. She has been chairman of the State Conference twice and has held various positions on County and local FCE. She was awarded "Friend of the Family" by Family and Consumer Sciences in 1996. Barbara has given talks to TOPPS on FCE lessons.

Barbara was awarded Master Farmer and Master Farm Home-maker of SE Area by the Extension in 1991. Barbara has served as the Crawford County Extension Board Chairman for 8 years. In Young Farmers, Barbara was awarded Star Young Farm Family for Kansas in 1975. For three years, she served as chairman of the Holiday Dinner which is served to the community, and she helped with the preparation and serving for 25 years. In



Lending a helping hand — Movers & Shakers helped with a Wine & Chocolate Night at the Smith County Historical Society in February

SPECIAL APPOINTED POSITIONS

Thanks to those who have accepted the "Special" appointed positions such as Parliamentarian – Judy Fullmer who keeps us in line during our business meetings; and Judy as the Membership records keeps NAFCE informed. Sherry Linneman is the KAFCE News Editor and Marcy Price is the Webmaster and keeps us updated. Nadine Holmes will work with the William Allen White programs. The Marketing Committee will have Dorene Reimer as the chairman with helpers Geneva Wedel and Jennine Marrone. Each person has a special emphasis and talents to share and the membership will work with each in making our year a success. I look forward to working with each of you as your KAFCE President, Nancy.

KAFCE News—Contents and Deadlines (New)***March Issue (Spring issue)**

Due date for articles—February 15th to printer by March 1st.

Contents:

Officers' reports—President, VP, & Treasurer
Memorial List
Heart of FCE Nominations from each Area
Information about National Conference
Updated State Board Roster
Announcement of any applicants for present year's state officer vacancies
Announcement of any appointments to year's vacant positions
Announcement of Presidential Appointments
Nominating Committee Report
Membership Report

***July Issue (Summer issue)**

Due date for articles—June 15th to printer by July 1st

Contents:

Officers' reports—President, VP, & Treasurer
100% reporting
State Educational Program Award winners
Individual and Unit Recognition awards
Announcement of State Heart of FCE winner
County 4th Grade Essay & Artwork Contest Winners
Announcement of State 4th Grade Essay & Artwork Contest Winner
State Conference Information & Registration Form
First Timer Scholarship Application
Announcement of KAFCE Scholarship winner(s)
Announcement of Joan Newby Scholarship winner(s)
Following year's Conference Committee Report

***November Issue (Winter issue)**

Due date for articles—October 15th to printer by November 1st

Contents:

Officers' reports—President, VP, and Treasurer
EPC Lesson information for new year
Report of current year's Conference Committee
Announcement of October election of new State Board Officers for upcoming year
Announcement of nominations needed for State Board positions for upcoming new year

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KANSAS ASSOCIATION OF FAMILY AND
COMMUNITY EDUCATION

KAFCE NEWS

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Did you know Kansas FCE has a website? Check it out at www.kafce.org. Submit articles for the "news" page to Marcy Price at sewinglady@yahoo.com.

2019 Calendar of Events

- | | |
|----------------------|---|
| March 8 | Board Meeting, Wichita
Sedgwick County Extension
Office |
| April 4-10 | 29 th Triennial World Conference
Melbourne, Australia |
| June (TBA) | Board Meeting, Wichita |
| July 18-21 | NAFCE Conference, St. Louis,
MO. |
| August (TBA) | EPC Leadership Training, Salina |
| October 7-8 | KAFCE Board Meeting, Ft. Scott |
| October 7-9 | KAFCE State Conference,
Ft. Scott |
| October 13-19 | National FCE Week |

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Submit all News items to: Sherry Linneman
220 East Street; Smith Center, KS 66967

2019 Area District Recognition Day

Northeast Area

April 18, Thursday (Pottawatomie and
Riley Co.)

May 2, Thursday Holton - Meadowlark
District
(Jackson, Nemaha, Atchison, Doniphan Co.)

Northwest Area

Thursday, April 25 Smith Center

South Central Area

Monday, April 8 Salina

Southeast Area

Wednesday, May 8 Parsons

Southwest Area

Wednesday, May 1 Dodge City