

KAFCE NEWS

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“NETWORKING WITH NANCY” – KAFCE President – Nancy Kernick

So, we have continued thru – 2022 – and made new things happen. We have all adapted to the change with Local, County, and Area Meetings, and learning the new technology of doing ZOOM. This has been very helpful in keeping in touch with everyone – although not the same as really in person... Some of the things that take up my time as KAFCE PRESIDENT are shared below.



KAFCE NEWS- US Postal Service permit is in effect, and the printer has continued to pay the fee and we reimburse them for the cost. Discussion has been held on whether to continue by mail or do email. Response will come from those marking their wish on the 2023 Membership Form.

AUGUST Mailing- was emailed to all County Council Presidents, Independent Members, Committee Members, and Agents. It is very important that the Officers Sheet be filled out correctly to give the name, email, address, phone number, as well as the Agent in charge to send this large packet of information by e-mail. Thanks to Faye Spencer for helping with this after my computer ‘crashed’ and The August Mailing, was sent to Webmaster for the Website.

AMERICAN INCOME LIFE INSURANCE COMPANY- everyone should have received their letter with a card to return indicating the beneficiary, for their \$4,000.00 policy. Donations have been received from American Income Life based on the number of cards returned, as we appreciate them.

MEMBERSHIP certificates were signed for years of service and FCE years of organization.

FINANCIAL reports during the year with updates and budget and as President signs the necessary paperwork to keep the account active.

LESSON material was distributed around the State for all Area’s to have before the ZOOM State Leadership EPC training on September 19 when the lessons were presented. They are very good lessons and I listened to them.

CWC/ACWW- I attended the CWC/ACWW Meeting in Little Rock, Arkansas on September 21, 2022, along with my son and we met Adgie adKock the World President and Bonnie Teeples, USA Area President.

BOARD OF DIRECTORS- Emailed the Board of Directors notice for the September 26 meeting via ZOOM, requesting all reports be written and emailed to me before the meeting. We appreciate Faye as she continues to help us learn this new adventure for our Board Meeting by ZOOM and all your efforts in sending in the reports ahead of time to make it all happen.

KAFCE Conference -the Klamath Insurance was signed for Conference in October.

STATE SCHOLARSHIP Recipient- mailed a letter of Congratulations.

ESSAY & ART Contest and **Heart of FCE** were judged and State Winner mailed to NAFCE.

THANKS TO EVERYONE- I personally want to thank everyone for their continued prayers for my family this past year. Also for the many conversations by phone calls, e-mails, and personal visits from the members. Some disband their FCE Unit and collect records for Archives, or even in our life about continuing our membership or becoming Independent Member, and keeping them encouraged to continue on. We extend sympathy to those who have lost members this year. As we continue the challenge to look ahead for opportunities and to encourage others, to bring out the best to be all they were created to be. The challenge we face for each tomorrow and be a part of the solution as we continue VIA ZOOM- “Networking” with 2020 Vision in the Future.

Nancy Kernick - KAFCE President

KAFCE Vice President Report, KAFCE News, December, 2022

Prepared the 2023 Program Year (150+) folders of State Officers, State EPC, Area Directors, Area EPC, County Council EPC, FCE Units and Independent Members. Sent the forms and lessons, by email, to Kansas State Research and Extension Agents and Districts.

Conducted State EPC Leadership Training via Zoom. Three Kansas State Research and Extension, Character Counts! – Caring and four KAFCE written lessons were presented. A review of the 2023 forms highlighted a small change to the Accomplishment Report. The recorded Zoom meeting has been uploaded to YouTube. Named: KAFCE State EPC Leadership Training for 2023 Program Year. The video link is <https://youtu.be/r99WgB8ZHo8>. HINT: If a unit doesn't have a leader for a lesson, the unit may play the recorded leadership training presentation.

Area Directors will conduct Fall Workshops to train leaders and to distribute County Council/FCE Unit and Independent Member folders.

2021 State Award Certificates given during State Conference.

Attended NAFCE Conference in Portland Oregon July 11 to July 18. Displayed reports and received awards for Community Service - "Flashing School Zone Lights" from GALS FCE of Allen County, SE Area; NAFCE Program Award Books in Education on the "Diabetes: You are in Control" (won first place); and NAFCE Program Award Books in Action on the "Working Together to Reduce Food Waste" (won first place).

Thank you to Ruth Shaffer as the new State EPC member who will serve 2023-2025.

SAVE INK CARTRIDGES!!!! The collected ink cartridges were sent to Empties4Cash. Of the 398 cartridges, only 14 were not accepted. This project has earned the KAFCE Scholarship Fund **\$478.00**.

Please, SPREAD THE WORD! GO GREEN! Let friends, family and nearby businesses know of the recycling and fundraising efforts. More details at <http://www.empties4cash.com>. Look at their Quick Tips and Useful Downloads.

William Allen White

I am writing on behalf of the W.A.W. (William Allen White) committee. We wrapped up our reading in August and selected the books that we sent on to be considered for the W.A.W. picks for the award. We heard that a partial list will be presented as the new master lists for next school year at Kansas Library Association conference. Until the new year, it will be for use by librarians and booksellers. They don't like to confuse the readers by dangling the new master lists in front of them while they're trying to read from the current lists. So, obviously I cannot release the list here in this report. My job now is to start looking at well-reviewed c. 2022 books (including those published in December, which won't be many).

Thanks, again, for allowing me to represent KAFCE on this committee. I have one more year as a W.A.W. reader.

Anita Felzke

Harmony – NE Area, Johnson County

KAFCE Treasurer, Registrar/Historian, and Membership Chair Report

- Archives—Tina Bailey, Jackson County, and I took 20 boxes to the Archives at K-State in September. Items that can be saved are minutes, treasurer's reports, bank account reports, awards, pictures. Do not save duplicates. I can take your items any time. Place in a box and mark it with area, county, FCE and items.
- Income as of 11-1-2022 is \$15,177.42 (\$7,308 is for NAFCE Dues) and expenses have been \$12,529.14.
- The Treasurer Savings Business which is in the United Bank is \$85,962.72,
- Safety suggestion since I live in a rural area, do NOT put TREASURER on the envelope. You never know who is going through my mail.
- To save postage, use a business envelope instead of a brown envelope emailing one or two pages.
- Please use black ink in filling out forms. Black ink is the best color to use when I have to copy forms
- I soon will be working on FCEs and membership registration. Remember, if you pay dues in the fall, it is for the following year unless you pay for the current year and the following year.
- Save your used ink cartilages, we just got \$475 from used in cartilages. The money goes for scholarships.
- As of 11-20-2022, for the 2023 Membership, we have 486 = (Regular326 + Senior 134 + Family [13 x 2]). We will lose 5 FCEs and many individual members for 2023. We have gained 13 NEW members and Doniphan County is going to reactive their FCE.
Remember to use the right form and meet the deadline on that form.
Enjoy and have great projects for 2023.

2023 KAFCE Conference Report

The 2023 Conference will be on Oct. 2-4 at the Hilton Garden Inn, Hays, KS (everything except the tours will be at the hotel)

The theme: "FCE: Caught Up In The New Frontier"

The committee has met monthly and have plans well underway. Speakers have been secured. Make & Takes and Tours are being planned. We will have transportation available for the tours. Special Interest sessions are also being planned.

Monday evening activity will be a tour and snacks at the Vinery north of Hays with transportation provided.

We will continue the Prizes by the Yard for Scholarships.

We would welcome comments from the Membership concerning their desires for the Conference.

We hope many members will venture West for a great 2023 KAFCE Conference.

Thanks Marlene Faul for the 2022 Conference Information, it is very helpful for us moving forward.

Edith McClain, 2023 Conference Chair

Southeast Area met at the SE Research Extension Center in Parsons KS on November 3. We were delighted to explore the new lessons for 2023. Our Heart of FCE selection is Bonnie Johnson from Bourbon County. Linda Dunheck will be the next member of the SE Area EPC. Our Spring Recognition will be held April 18 at the Methodist Church in Humboldt. Neosho County will host the 2023 Spring Fling for Southwind Extension District.

Cindy Kiser

Southwest Area fall meeting was held on October 25 in Dodge City. Members enjoyed presentations by the Area EPC members on the 2023 lessons. During the business meeting, Judy Fullmer gave an update on NAFCE and what she hopes to accomplish as president. Members were reminded to keep saving ink cartridges as a KAFCE fundraiser. No one volunteered for the 2023 Area EPC committee opening so we will revisit that nomination in the spring. Other reminders were for all units to send in the county council/ unit officers forms so we have county contacts and for everyone to send in requests for 2023 member/unit awards now so they can be presented in 2023 at the spring meeting. The spring meeting will be held April 20, 2023 in Rush county at Rush Center. Rush County will provide morning coffee and lunch. Devotions will be led by Lane County and Hodgeman County will lead the Unit Presidents' recognition.

Northeast Area held their Fall Workshop in Pottorf Hall, on Riley County Fairgrounds, Thursday, Nov 3rd in Manhattan.

NE Area FCEs that attended the 2022 State Conference in Newton enjoyed every experience of the city's culture, Tours and guest speakers!

Representing nine NE counties, 32 FCEs listened attentively to the creative 2023 Lesson presentations by the NE EPC Committee. Packets of End of Year forms for 2023 and Lessons were distributed. Incoming 2023 FCE members enjoyed the day's experience.

2023 County Council Officers and Special Years Membership/Unit forms were received.

Sally Banks, NE EPC Chair, was thanked for her third year of creative presentations of Lessons.

Her term ends May 31, 2023. Margaret Barnes of Baldwin City, member of Vinland FCE, Douglas County, agreed to join the NE Area EPC Committee. Margaret's term will be June 1, 2023 – May 31, 2026.

DeLores Walden, volunteered for the position of NE Area Nominating Chair. Pat Weishaar will move to NE Alternate Nominating Member.

The Heart of FCE Award Winner for the NE Area is Margaret Barnes.

I want to personally thank Beverly Cunningham, outgoing Johnson County Council President for her many years of Leadership not only as her County's Council President, but as the NE Area Director in 2002-04; 2017-19. She has also served as KAFCE Registrar. She mentored me in the guidelines of an Area Director of which I am appreciative.

NE Area Spring Meeting, 10 AM, April 6, 2023, will be via KAFCE's ZOOM for anyone in the NE Area that would like to "sit in".

Northwest FCE

Twenty three were in attendance for the Fall workshop on Oct. 14, 2022 at the Ellis County Extension Meeting room. In attendance were 21 members and 2 FACS Agents.

All 7 NW counties were represented.

Packets of the 2023 Lessons were distributed.

EPC committee: Susan Gartrell, Diane Hrabe (absent), Eleanor Wherry plus Janie Lowry and Edith McClain presented the lessons with the assistance of FACS Agent Anna Muir of Rooks/Phillips counties.

Rita Habbart of Russell County was chosen NW Heart of FCE Winner.

We are still searching for a new NW Area Director.

A lovely lunch was provided by Ruth Ann Bigge's son and his wife.

The 2023 Spring Recognition Day will be hosted by Russell County.

NW Area Director, Edith McClain

Southcentral Area

Linda Hess

SC area hosted a successful 2022 State Conference in Newton. Fall area meeting was held October 17 in Moundridge. Diana Vancuren of Viola FCE was nominated for 2023 Heart of FCE.

SC area Spring meeting and Recognition Day will be April 24, 2023 in Moundridge. We will be celebrating the 100th anniversary of Viola FCE of Sedgwick County

Dissolution of an FCE

By word of mouth, there is some sad news to hear of FCE Units that are dissolving. Remember, that if that unit has members who wish to remain FCE members, they may join another unit or become an Independent Member.

Not sure where there are other FCE Units? Not sure how to switch from Unit Member to Independent Member? Contact either your County FCE Council President, Area Director, State Treasurer DeLores Walden, 5720 SE Paulen Road, Berryton 66409-9400785) 379-0666, wintersdj1@cox.net; or State President Nancy Kernick, 628 South Santa Fe Ave, Chanute 66720-2449, (620) 431-1353, nancyavon78@gmail.com.

When a FCE Unit has made the hard decision to dissolve, all property shall be sent to KAFCE. Items that can be saved are minutes, treasurer's reports, bank account reports, awards, and pictures. They will be deposited at the Archives at K-State Library. All money shall be sent to State Treasurer DeLores Walden to support the KAFCE programs within the State.

Official notification of dissolution should be sent to President Nancy Kernick, Treasurer/Registrar DeLores Walden, Area Director, and County FCE Council President.

ACWW USA Area President's Report by Bonnie Teeples

This year has been a good to attend member society annual meetings!

In July, 2022, I was able to attend the annual conference for the National Association for Family and Community Education. They had asked that I speak on the new strategic plan and give information on some of the projects that have been successful.

In September, I attended two society conferences. The National Master Farm Homemakers Guild held in Bowling Green, KY, and the Country Women's Council meeting held in Little Rock, Arkansas. World President Magdie de Kock and I were able to present information about the 2022-2026 Strategic Plan and the changes that have been made by the ACWW Board. I was grateful to be able to answer many questions from attendees about the relationship between ACWW and CWC and the member societies. Members have told me that the presentation cleared up many of their misconceptions and some preconceived ideas. For some, it answered WHY their group belongs to ACWW.

A few days after returning home from the CWC conference, I was able to share a presentation at the conference for the Oregon Association for Family and Community Education. Again, the question-and-answer period after the presentation was invaluable to many of the members, and for me to be able to see where more education on ACWW is needed and what topics are beneficial.

Yesterday, I returned home from the South West Family and Community Education conference in Yuma, AZ. The ACWW presentation at their conference was well received and gave me the opportunity to answer questions about the relationships between ACWW, CWC and the member societies. I was also able talk about the ACWW coordinator program and how it will benefit all ACWW member societies. The SW FCE society hosts a bazaar after their conference, and this year in conjunction with the bazaar, hosted a rabies vaccination clinic. They worked with an animal shelter and various veterinarians in the area. The society gave a \$2,500 donation to the shelter to pay for the first 136 dogs to get the rabies vaccination, then the vaccination was given to the rest of the dogs at a reduced price. The veterinarians also micro chipped any dog for free. Members of the SW FCE society have also given educational programs in their communities on rabies, drawing attention to the 2019 ACWW resolution on rabies eradication.

Attending these conferences gave me the opportunity to meet with the members and talk with them about ACWW, what ACWW means to them and how they feel they can use the information from ACWW to help their communities be better equipped to handle the challenges they face. I would love to attend your society's conferences; all I need is the invitation! I enjoy meeting the society members and learning what their groups do for the communities they serve.

I have been asked what the dress will be for the ACWW Triennial. We will stay with the white jacket/overshirt. Dark blue or red pants or skirts, red, blue, or white tops with a red/white/blue scarf. I see no need to change from what we have always done!

Thank you for all you do for your families, your groups, your communities, and for ACWW.

NATIONAL REPORT

Greetings from your National FCE Board.

The board has been working on FCL lessons, the Hearth Fire Series, the Board Manual and financial items. One of my priorities as National FCE President is to find ways to sustain FCE through fundraising, grants, and donations. Our dues are important but they will not keep us afloat financially. Financial matters are a concern for the future of FCE and the board is working to sustain FCE through fundraising that allows all members to participate.

Current National FCE Fund Raisers: Honor Fund, Legacy Fund, Keeper's Corner Fundraising Booth and Dimes for National. You can find out more details about these fund raisers on the National FCE Website ~ www.nafce.org, under Quick Links > FCE Donations and Fundraisers.

Hawaii FCE recently made a donation to National FCE and we are thankful for their generosity.

During August and September, National FCE received over \$100 each month from the Keeper's Corner Fundraising Booth.

Future National FCE Fund Raiser: Be looking for Kristin Walker's book to be listed ~ "Living Life Awake". Beginning January, 2023, all proceeds from her book support the National Association for Family and Community Education. Kristin Walker serves on the National FCE board and is from West Virginia.

We thank each member that contributed or helped in any way to build up our finances. We have much to be thankful for this Thanksgiving season.

Judy Fullmer, NAFCE President

Look forward to NAFCE in 2023!

Midyear Zoom Meeting, March.

There will be two sessions, 1 pm and 7 pm (CT). The program presenters will be Connie Larrington presenting her FCL lesson on "Food Waste/Loss"; Bonnie Teeple, ACWW USA Area President and Judy Fullmer, NAFCE President

More details are to be announced in the coming months.

2023 National Conference will be in Erlanger, KY August 3-6, 2023



2022 State Conference in Newton/North Newton, October 3-5
Trains and Grains Meet FCE (theme)

Pre-Conference activities on Monday afternoon showcased Newton celebrating 150 years with tours, Make and Takes, High tea at Warkentin House, and a Mexican meal with dancers and history of the Latino people who were instrumental in making Newton what it is today. Tuesday morning showcased North Newton with tour at Kauffman Museum, Make and Take, and the conference at Bethel College Mennonite Church. Sixty-four people registered, however five had health issues, unable to attend, and their registration money was returned. Tina Bailey was elected secretary and Marlene Faul was recognized as outgoing secretary. The 2023 budget was adopted. A member enrichment session followed the business meeting.

Prior to the banquet two sessions, "Wheat Weaving" by Felice Goering, and "Every Quilt tells a Story" by Chris Allen were given. Chris told her personal story using approximately 70 quilts from the many she has made.

Larry Hatteberg, former KAKE-TV news anchor and photojournalist, was the banquet speaker sharing stories from the Prairie. Doris Ericson was recognized as the Heart of FCE winner. Faye Spencer, Saline County, was in charge of Prizes by the Yard which netted \$751 for scholarships. There were 14 educational displays to view and the Marketing table was busy. Four former presidents attended, Judy Fullmer, Peggy Martens, Sharon Giacometti, and Dorene Reimer.

Wednesday morning speakers included Brian Stucky, historian, sharing on early paths such as Indian and wagon trails in some cases which became later paths for railroads and today's highway. A representative from Ardent Mills, spoke about the large milling business in Newton and everyone received a 5# bag of flour.

The Wednesday luncheon program featured the Pine Village Readers Theatre, Moundridge, under the leadership of Becky Yoder.

Northwest Area, Edith McClain, chair with friends gave the welcome to the 2023 Conference which will be in Hays, October 2-4.

South Central Area hosted the event with Committee members, Linda Hess, Bonnie Kaufman, Peggy Martens, Geneva Wedel with Marlene V. Faul, chair. Host county Harvey, Modern Mrs. FCE, assisted all 3 days wherever needed. The evaluations were very positive. Thanks to all South Central Area members who worked very hard because we chose not to use the wonderful Conference Center which would have been much easier, but would eat up all our profits, so we sent to State a profit of \$3,667.05. Thanks to all Kansans that attended. It was so good to see all of you in person.
Marlene V. Faul, chair

"Not every day is good, but there is something good in every day."

2023 KAFCE AND K-STATE LESSONS

“Blueberry” Written by Cindy Kiser, KAFCE State EPC. Be intrigued by the history, fun facts, health benefits and mouth-watering recipes of this powerful berry.

□ **Educational Goals** Participants should be able to identify blueberries

“Container Gardening” written by Tina Bailey, KAFCE State EPC. Are you ready for fresh fruits and vegetables from the garden? As we get older the work of tilling, planting and hoeing is getting harder to do. There is an alternative solution, Container Gardening. This type of gardening puts your garden right at your fingertips and outside on your patio or porch.

“Grandparents Raising Grandchildren” written by Jennine Marrone, with NAFCE’S Hearth Fire # 63 of same name. Although it is never the ideal situation, some grandparents find they need to raise their grandchildren. Sometimes it is short term until the parents will be in the position to care for them again. Sometimes it is due to financial circumstances, sometimes unsafe conditions, whatever the reason more grandparents than ever are stepping up to the plate.

“Character Counts! - Caring” NAFCE Essay and Artwork Contest, and lesson. Leader Guides include the NAFCE booklet and a supplement written by Jennine Marrone, KAFCE State EPC.

“What is on Your Device” written by Faye Spencer, KAFCE Vice President. We have come a long way from smoke signals, carrier pigeons, yodeling, and flag signals to sleek smartphones or other electronic devices. Feel like the younger generation is speaking a different language? Want to catch up?

“Healthy Body, Healthy Brain” Sharolyn Jackson, Reg. Extension Specialist / Lori Wuellner, Extension Agent;

“Men’s Health, Arthritis: Four Common Conditions” Holly Miner, Extension Agent / Londa Nwadike, Food Safety Specialist / Bradley Dirks, Associate Director for Physician’s Assistant Program / Tandy Rundus, Extension Nutrition Program Specialist.

“Men’s Health, Cancer: Early Detection and Screening” Holly Miner, Extension Agent / Londa Nwadike, Food Safety Specialist / Bradley Dirks, Associate Director for Physician’s Assistant Program / Tandy Rundus, Extension Nutrition Program Specialist.

KANSAS ASSOCIATION OF FAMILY AND
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KAFCE NEWS

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Did you know Kansas FCE has a website? Check it out at www.kafce.org.
Submit articles for the "news" page to Marcy Price at thesewinglady@yahoo.com.

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2023 KAFCE Dates to Remember

March TBA KAFCE Executive or Board of Directors Meeting
May 17-23 ACWW 30th Triennial World Conference, Kuala Lumpur, Malaysia
June TBA KAFCE Board of Directors Meeting
July 31-Aug. 3 NAFCE Board Meeting, Erlanger, KY
August 3 – 6 NAFCE Annual Conference Erlanger, KY
Fall TBA KAFCE State EPC Leadership Training, Zoom
Sept. TBA KAFCE Board of Directors Meeting
October 2-4 KAFCE State Conference, Hilton Garden Inn, Hays, KS

Area Spring Meetings and Recognition Day dates:

Northeast – Carol Lintner: 10 AM, April 6, 2023, will be via KAFCE's ZOOM

Northwest – Edith McClain: Russell County will host

South Central – Linda Hess: April 24 in Moundridge, celebrating the 100th anniversary of Viola FCE of Sedgwick County.

Southeast – Cindy Kiser: April 18 at the Methodist Church in Humboldt.

Southwest – Karen Larmer: April 20, Rush County Center